

## Belhaven Christmas Day Menu 2017 Allergen Report

We prepare our food in kitchens with products Containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionaally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross contamination risk in production, supply and preparation If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

\*\* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

\* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

### Interpreting the Data

YES Vegan / Vegetarian	YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian
NO Vegan / Vegetarian	NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian
NO	Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed, due to cross contamination risks in production, supply and preparation
NO*	Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross contamination risk
YES	Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier
Modifier Allergen Outcome	Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome for each choice to your overall meal.

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Belhaven - 2017 Xmas Day	Starters	Prosciutto Bruschetta	Total Allergen Outcome	No	No	Yes (Wheat, Rye)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Day	Starters	Spiced Parsnip Soup (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Day	Starters	Smoked Salmon & Prawns (†)	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	Yes	Yes	Yes	Yes	No	Yes	No	Yes	No	No	No
Belhaven - 2017 Xmas Day	Starters	Chicken, Smoked Ham Hock & Apricot Terrine	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	Yes
Belhaven - 2017 Xmas Day	Mains	Traditional Hand-Carved Turkey	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Day	Mains	Fillet of Salmon with Prawns (†)	Total Allergen Outcome	No	No	No	No	No	No	Yes	Yes	Yes	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Day	Mains	Butternut Squash, Sweet Potato, Mature Cheddar & Cashew Nut Roast (v)	Total Allergen Outcome	No	Yes	No	Yes (Cashew Nuts, Walnuts)	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Belhaven - 2017 Xmas Day	Mains	8oz 28 Day Aged Sirloin Steak with Peppercorn Sauce(2)	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Day	Extras	British Cheese & Biscuits (K&N)(2)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Rye)	No	No	Yes	No	No	No	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Day	Desserts	Christmas Pudding (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	Yes

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Belhaven - 2017 Xmas Day	Desserts	Cheese & Biscuits (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Day	Desserts	Vanilla Cheesecake with Forest Fruits & Sloe Gin Compote (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Oat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Day	Desserts	Irish Cream Profiteroles (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Belhaven - 2017 Xmas Day	Desserts	Belgian Chocolate Bundt Cake (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes

## Belhaven Christmas Buffet Menu 2017 Allergen Report

We prepare our food in kitchens with products Containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross contamination risk in production, supply and preparation. If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

\*\* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

\* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

### Interpreting the Data

YES Vegan / Vegetarian	YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian
NO Vegan / Vegetarian	NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian
NO	Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed, due to cross contamination risks in production, supply and preparation
NO*	Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross contamination risk
YES	Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier
Modifier Allergen Outcome	Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome for each choice to your overall meal.

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	Mac Cheese Bite, BBQ Pulled Pork Croquettes & Chicken Breasts Skewers	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	Chilli Beef Muffins, Jerk Chicken Filo Star, Cheesy Mini Calzone	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	Sandwich - Cheese & Chutney	No	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	House Salad Xmas 17 (v)	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	Sandwich - Turkey, Cranberry Mayo & Stuffing	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	Sandwich - Egg Mayo & Leaf	No	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	MS Garnish AW17	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	Onion Rings	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	Pink Star Slaw	No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	Sweet Chilli Sauce	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Bronze Buffet	Texan BBQ Sauce	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Mac Cheese Bite, BBQ Pulled Pork Croquettes & Chicken Breasts Skewers	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Chilli Beef Muffins, Jerk Chicken Filo Star, Cheesy Mini Calzone	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Sandwich - Cheese & Chutney	No	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	MS Premium Beef Gravy	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	No	No	No	No	Yes	Yes
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	House Salad Xmas 17 (v)	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Sandwich - Turkey, Cranberry Mayo & Stuffing	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Sandwich - Egg Mayo & Leaf	No	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	MS Garnish AW17	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Onion Rings	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Mainstream Festive Fries	No	No	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Pink Star Slaw	No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Pigs In Blankets	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Sweet Chilli Sauce	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Yorkshire Pudding Boat	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Ciabatta Garlic Slice	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Silver Buffet	Texan BBQ Sauce	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	Yes	No	Yes	No	No	Yes	Yes	Yes	Yes	Yes	Yes
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Mac Cheese Bite, BBQ Pulled Pork Croquettes & Chicken Breasts Skewers	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Chilli Beef Muffins, Jerk Chicken Filo Star, Cheesy Mini Calzone	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Sandwich - Cheese & Chutney	No	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	MS Premium Beef Gravy	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	No	No	No	No	Yes	Yes
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	House Salad Xmas 17 (v) (K&N)	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Sandwich - Turkey, Cranberry Mayo & Stuffing	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Sandwich - Egg Mayo & Leaf	No	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	MS Garnish AW17	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Squid Rings	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	No	Yes	No	No	Yes	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Signature Roast Potatoes	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Onion Rings	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Mainstream Festive Fries	No	No	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Pink Star Slaw	No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Pigs In Blankets	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Sweet Chilli Sauce	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Yorkshire Pudding Boat	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Ciabatta Garlic Slice	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffets	Gold Buffet	Texan BBQ Sauce	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffet Desserts	GF Chocolate Brownie Traybake	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Belhaven - 2017 Xmas Buffet	Buffet Desserts	Carrot Cake v	Total Allergen Outcome	No	Yes	Yes (Wheat)	Yes (Walnuts)	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffet Desserts	Victoria Sponge v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffet Desserts	Blueberry Filled Muffin v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Buffet	Buffet Desserts	Lemon & White Chocolate Muffin v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Belhaven - 2017 Xmas Buffet	Buffet Desserts	Triple Chocolate Muffin v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Belhaven - 2017 Xmas Buffet	Buffet Desserts	Chocolate Chip Cookie	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Belhaven - 2017 Xmas Buffet	Buffet Desserts	White Chocolate & Raspberry Cookie v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Belhaven - 2017 Xmas Buffet	Buffet Desserts	Quadruple Chocolate Cookie v	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Belhaven - 2017 Xmas Buffet	Buffet Desserts	Buffet Mince Pie	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	No	Yes

## Belhaven Christmas Party Menu 2017 Allergen Report

We prepare our food in kitchens with products Containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionaally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross contamination risk in production, supply and preparation If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

\*\* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

\* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

### Interpreting the Data

YES Vegan / Vegetarian	YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian
NO Vegan / Vegetarian	NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian
NO	Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed, due to cross contamination risks in production, supply and preparation
NO*	Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross contamination risk
YES	Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier
Modifier Allergen Outcome	Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome for each choice to your overall meal.

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Belhaven - 2017 Xmas Party	Starters	Stilton & Peppercorn Mushrooms (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Party	Starters	Chicken Liver Pate	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Party	Starters	Maple Flavoured Root Vegetable Soup	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Party	Starters	Prawn Cocktail (†)	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	Yes	Yes	Yes	No	No	Yes	No	Yes	No	No	No
Belhaven - 2017 Xmas Party	Mains	Salmon Risotto (†)	Total Allergen Outcome	No	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No	No	Yes
Belhaven - 2017 Xmas Party	Mains	Traditional Christmas Dinner with all the Trimmings	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Party	Mains	Festive Burger	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	No	Yes	Yes
Belhaven - 2017 Xmas Party	Mains	Butternut Squash, Sweet Potato, Mature Cheddar & Cashew Nut Roast (v)	Total Allergen Outcome	No	Yes	No	Yes (Cashew Nuts, Walnuts)	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Belhaven - 2017 Xmas Party	Mains	Roast Sirloin of Beef	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Belhaven - 2017 Xmas Party	Extras	Trade Up Festive Fries Topper	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	No	Yes

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Belhaven - 2017 Xmas Party	Desserts	Christmas Pudding (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Party	Desserts	Warm Chocolate Fudge Cake (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Belhaven - 2017 Xmas Party	Desserts	Single Mince Pie	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Belhaven - 2017 Xmas Party	Desserts	Festive Crumble (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Oat)	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Party	Desserts	Cheese & Biscuits (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Party	Desserts	Coffee & Mince Pie	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Belhaven - 2017 Xmas Party	Desserts	Vanilla Cheesecake & Limoncello Coulis (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Oat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	Yes



## Belhaven Christmas Party Kids Menu 2017 Allergen Report

We prepare our food in kitchens with products Containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionaally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross contamination risk in production, supply and preparation If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

\*\* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

\* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

### Interpreting the Data

YES Vegan / Vegetarian	YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian
NO Vegan / Vegetarian	NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian
NO	Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed, due to cross contamination risks in production, supply and preparation
NO*	Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross contamination risk
YES	Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier
Modifier Allergen Outcome	Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome for each choice to your overall meal.

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Belhaven - 2017 Xmas Party Kids	Starters	Tomato Soup (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Party Kids	Starters	Garlic Bread (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Party Kids	Mains	Traditional Christmas Dinner with all the Trimmings	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Party Kids	Mains	Mac & Cheese (v)	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Belhaven - 2017 Xmas Party Kids	Desserts	Iced Snowstorm (v)	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Party Kids	Desserts	Chocolate Brownie	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No

## Belhaven Christmas Day Kids Menu 2017 Allergen Report

We prepare our food in kitchens with products Containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionaally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross contamination risk in production, supply and preparation If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

\*\* Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

\* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

### Interpreting the Data

YES Vegan / Vegetarian	YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian
NO Vegan / Vegetarian	NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian
NO	Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed, due to cross contamination risks in production, supply and preparation
NO*	Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross contamination risk
YES	Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier
Modifier Allergen Outcome	Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome for each choice to your overall meal.

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Belhaven - 2017 Xmas Day Kids	Starters	Tomato Soup	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley)	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Day Kids	Starters	Garlic Bread	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Day Kids	Mains	Traditional Hand-Carved Turkey	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	Yes
Belhaven - 2017 Xmas Day Kids	Mains	Mac & Cheese	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Belhaven - 2017 Xmas Day Kids	Desserts	Iced Snowstorm	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Belhaven - 2017 Xmas Day Kids	Desserts	Chocolate Brownie	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No